

# *Sri Lanka on bicycle*

*07 Nights 08 Days*



Esna Holidays

EST. 2005

# Sri Lanka

In the Indian ocean, south of India lies Sri Lanka. Perhaps the slightly less travelled roots of Southern Asia.

This idyllic Buddhist island resembles a place you forgot where cows roam the lands, ancient monuments and temples are to be found almost everywhere, and rugged landscapes is home to a wonderfully diverse range of animals, especially the elephants.

Great explorers were enticed by the lush greenery, the fragrant spices and its tropical lifestyle. Some wrote chapters about it, some wrote books, and some never left after falling in love with the island and its many hidden treasures. 2000 years of cultural history is recorded at ancient sites and temples some of which are now listed UNESCO World Heritage Sites. The recent past includes the rule of the Dutch and British over this sovereign island later gaining independence in 1948.

Today it's famous for its delicious tea, turquoise beaches, exotic wildlife, ancient monuments, and many more. An island so small, yet so unexpectedly diverse from every point of view.

## EXPLORE

Sri Lanka is an out of this world tropical island which is blessed with an exciting piece of everything possible on earth. Escape to a paradise on earth where you can trot along the golden sands sipping a fresh king-coconut, safari through the lush jungle to see mighty elephants and elusive leopards and perfect your golf swing on a stunning green golf course.

This is an outdoor paradise somewhere to totally escape and fall completely off the grid. Buses, tuk-tuks and mopeds all noisily hurtling along the busy streets. Once known as Ceylon, Sri Lanka was a country that

Sri Lanka is a country whose Buddhist past is as prevalent today as it was thousands of years ago. So, with such a lengthy heritage there's a great array of temples, ancient monasteries and monuments to explore, both in the town and hidden away in the islands' dense forests.

Here you'll find local artists taking their inspiration from Sri Lanka's wildlife. Sri Lankan craftsmanship has a long and vibrant history. Over the centuries the islanders have produced everything from lace work, elaborate metal works & carvings in wood. Buddha's Hindu Gods, traditional Sri Lankan masks and elephants are among the most popular carvings.

The people in Sri Lanka are what makes this wonderful island what it is. The smiles, the ever-so-helpful attitude, the laid-back lifestyle and the rustic architecture all tastefully lingers in your mind every step of the way.

## WEATHER & BEST TIME TO VISIT

The weather in Sri Lanka is dictated by two monsoon seasons which bring rain to the west and south-west coasts from May to September; and the east coast and northern region between October and February. The rest of the year is sunny and dry. Temperatures are constant year-round, with coastal regions enjoying average temperatures of 25-30C and the highlands 15-18C on average.

Sri Lanka is a year-round destination since there is something for every discerning traveler. From pilgrim experiences to adventure, culture, honeymoon, or even special interest experiences, there is something you can do in Sri Lanka anytime of the year. With recent weather pattern changes, it is hard to predict when it would rain and when the sun is out, however, making a note that Sri Lanka is a tropical destination and rain is to be expected anytime of the day, any time of the year; always helps.

Our recommended best time of the year to travel is between November to April. However, its best to keep in mind that this period is also quite expensive to travel as the European winters and the festive year end generally attracts a lot of travelers to Sri Lanka.

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## Day 01

## Airport - Trincomalee

**Meals**  
*Dinner*

Arrive at Colombo International Airport. Here, you will be met by a designated chauffer guide from Esna Holidays. After the formalities at the airport you will be escorted to your air-conditioned vehicle and proceed to Trincomalee.

On completion, transfer to the hotel for check-in.

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## Day 02

## Trincomalee

**Meals**  
*Breakfast & Dinner*

Breakfast at the Hotel.

Assembling bikes & Leisure.

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## Day 03

## Trincomalee – Pulmoddai - Trincomalee

**Meals**  
*Breakfast & Dinner*

Early that morning after breakfast, leave to Pulmoddai by Bicycle.



Proceed to Pulmoddai and do the sightseeing and return to the hotel by vehicle.

Transfer to the hotel for check-in and relax.

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## Day 04

## Trincomalee – Anuradhapura – Mihintale Trincomalee

**Meals**  
*Breakfast & Dinner*

Early that morning after breakfast, leave to Anuradhapura by Bicycle.

Proceed to Anuradhapura and do the sightseeing and return to the hotel by vehicle.



Visit many sites of the City of archaeological and historical interest including Isurumuniya - the first temple to be built in the island, Sri Maha Bodhi Tree- with an authenticated history of more than 2300 years which has been planted from a sapling from the original tree under which Buddha attained enlightenment , Ruwanveliseya - the largest stupa in the island , Jethawanaramaya and

Abhayagiriya - which in their original form have been matching in size to the Great Pyramids in Giza being the tallest brick buildings in the world and have thus been declared as World Heritage Sites , Twin Ponds, Thuparamaya- the first Stupa to be built in Sri Lanka enshrining the left collar bone of the Buddha, the Samadhi Statue - meditating posture etc.

Thereafter, visit to the Mihintale.



Mihintale Mountain, with the arrival of Buddhism in Sri Lanka, began to serve as a residential area for the venerable monks headed by Arahath Mahinda Mahathera. But soon, with the royal patronage, the sanctuary housed a multitude of with monastic buildings - Stupas, Uposathgharas, Bodhigharas- to serve the monks. Sixty-eight cave dwellings provided the monks shade and shelter. Mihintale, the sanctuary for many thousands of laymen as well

as holy men, had all the facilities and amenities for basic living.

Transfer to the hotel for check-in and relax.

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## Day 05

## Trincomalee – Sigiriya - Trincomalee

### Meals

*Breakfast & Dinner*

Early that morning after breakfast, leave to Sigiriya by Bicycle.

Proceed to Sigiriya and do the sightseeing and return to the hotel by vehicle.



Visit Sigiriya Rock Fortress: Called by many names including "The Lion Rock" for its initial name of "Sinhagiri", Sigiriya is near the town of Dambulla and is a colossal column of rock nearly 200m high. It was a royal citadel for 18 years (477-495) when it was fortified by King Kasyapa. The architectural and irrigational technologies of Sigiriya, such as the Water Gardens, still baffle engineers. The climb up steep steps of metal with railings passes a wall decorated with frescoes of bare-breasted women. Art experts consider them unique.

Transfer to the hotel for check-in and relax.

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## Day 06

## Trincomalee

### Meals

*Breakfast 7 Dinner*

Breakfast at the hotel.

Spend the day relaxing and enjoy all the amenities at the hotel.

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## Day 07

## Trincomalee

### Meals

*Breakfast & Dinner*

Breakfast at the hotel.

Spend the day relaxing and enjoy all the amenities at the hotel.

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## Day 08

## Trincomalee – Airport

### Meals

*Breakfast & Dinner*

After a relaxed morning breakfast, Proceed to Airport for your departure flight back home with all the memories you had in this beautiful island.

Tour Ends.

## Hotels

Location	Hotel	No. of Nights
Trincomalee	Pigeon Island Beach Resort	7 Nights

## Cost of tour

Period from 1<sup>st</sup> June to 15<sup>th</sup> December 2022

Pax	2	4	6	8	12
Standard Room per Person Rate in USD	569.00	445.00	563.00	573.00	465.00
Single Supplement (USD)	190.00				
Triple Reduction (USD)	25.00				

## Tour Includes

- Accommodation in hotels as per the itinerary (Subject to availability)
- Meal plan on Half Board basis
- Transport in an Air-Conditioned well-maintained vehicle with the service of an English-Speaking Chauffeur or National Guide at your disposal always.
- Bicycles & Baggage Carrier
- All Paging, Parking, Fuel Costs & Highway Tolls.
- Guided Visits to all entrance sights.
- All Taxes and Service Charges.

## Tour Excludes

- International Flights & VISA (Visit [www.eta.gov.lk](http://www.eta.gov.lk) for VISA)
- Lunch
- Entrance fees to mentioned sites
- Tips and Porterage.
- All beverages.
- Camera & Video Permit Charges if applicable.
- Any other expense not mentioned in the includes section.

## Complimentary

- 1 Liter Bottle of Water Per Person Per Day
- Local SIM Card (On Request)

## General Terms & Conditions

[www.esnaholidays.com/terms-and-conditions/](http://www.esnaholidays.com/terms-and-conditions/)